## FREE CARDIAC SCREENING PROGRAM

Every year we hear of young athletes who die of cardiac arrest. Tragically, the first sign of heart problems in children is often cardiac arrest. This program can make your child safer. A routine ECG/ EKG (Electrocardiogram) can detect some of the more common heart problems. It is quick, simple, and painless. EKGs in this program are read by board certified pediatric cardiologists at no cost to the parent.

This procedure is brought to our area through the cooperation of three entities that are deeply concerned for the health of young people: Lincoln County Hospital District #3/North Basin Medical Clinic, the Cody Stephens Foundation and the AndraHeart Foundation.

Andraheart is a non-profit organization founded in memory of Andra Dalrymple, who died at age twelve from a symptomless genetic heart condition that could have been detected by a simple EKG. Its mission is to," improve the world, one heart at a time." It provides volunteers to help Lincoln County Hospital and the Cody Stephens Foundation. Andra's grandmother is a Lincoln County Resident.

While EKG screening is recommended every other year for children 12 and older, whether or not they are student athletes, we never turn way any child whose parent wants them tested.

For your child's health, please accept this invitation by filling out the attached consent form.

This screening will be at Wilbur School And Creston School on Thursday; March 21<sup>st</sup>, 2019. Parents please inform your student that the procedure includes measuring their height and weight, applying electrodes to their chest and Does Not hurt.